

CHILD AND ADOLESCENT INTAKE FORM

GENERAL INFORMATION

| Client's (child) Nam | ne: | | | Today's Date: | · | |
|----------------------|-----------------|-----------------|---------------------|--------------------------|------------|------------|
| Date of Birth: | / | / | Child's age _ | | | |
| Name of person co | mpleting thi | s form: | | | | |
| Relationship to clie | nt: | | | | | |
| Are you the legal g | uardian of th | ne child? Yes_ | No | | | |
| If no, who is the ch | ild's legal gu | ardian? | | | | |
| | | | | | | |
| Home phone: | | | | May I leave a message? | | No |
| Mother's Cell phor | ne: | | | May I leave a message? | Yes | No |
| Father's Cell phone | e: | | | May I leave a message? | Yes | No |
| Mother's Work pho | one: | | | May I leave a message? | Yes | No |
| Father's Work pho | | | | May I leave a message? | Yes | No |
| Email: | | | | May I email you? | Yes | No |
| Who referred you t | o High Plain | s? Please prov | ide agency/profess | sional's name and contac | et infor | mation: |
| May we contact the a | igency/person | to thank them f | or referring you? Y | Yes No Please i | initial:_ | |
| Do you want us to sh | are the final r | eport with them | ? Yes | s No Please i | initial: _ | |
| What are the main | reasons you' | re seeking an e | evaluation? (Please | e include how long you h | nave no | ticed thes |
| symptoms or proble | ems): | | | | | |

| _ |
|---|

SYMPTOMS:

How much are each of the symptoms below a concern for your child?

| | Not at all | A little | Somewhat | Considerably | Terribly |
|-------------------------------------|------------|----------|----------|--------------|----------|
| | 1 | 2 | 3 | 4 | 5 |
| Academic/Learning Problems | 1 | 2 | 3 | 4 | 5 |
| _ | | | | | |
| Behavior Difficulties | 1 | 2 | 3 | 4 | 5 |
| Problems with Social Relationships | 1 | 2 | 3 | 4 | 5 |
| Social Withdrawal | 1 | 2 | 3 | 4 | 5 |
| Restricted Interests | 1 | 2 | 3 | 4 | 5 |
| Anxiety | 1 | 2 | 3 | 4 | 5 |
| Fear of Certain Objects/Situations | 1 | 2 | 3 | 4 | 5 |
| Repetitive Behaviors or Mental Acts | 1 | 2 | 3 | 4 | 5 |
| Avoiding Certain Things/Places | 1 | 2 | 3 | 4 | 5 |
| Panic Attacks | 1 | 2 | 3 | 4 | 5 |
| Intrusive Memories | 1 | 2 | 3 | 4 | 5 |
| Irritability | 1 | 2 | 3 | 4 | 5 |
| Physical Problems | 1 | 2 | 3 | 4 | 5 |
| Sleep Problems | 1 | 2 | 3 | 4 | 5 |
| Changes in Eating/Appetite | 1 | 2 | 3 | 4 | 5 |
| Depression | 1 | 2 | 3 | 4 | 5 |
| Low Self-Esteem | 1 | 2 | 3 | 4 | 5 |
| Self-harm/Suicidal Thoughts | 1 | 2 | 3 | 4 | 5 |
| Inappropriate Expression of Anger | 1 | 2 | 3 | 4 | 5 |

| Difficulty Problem-solving | | | | | 5 |
|--|-----------------|--------------|-----------------|-----------|--------|
| | 1 | 2 | 3 | 4 | 5 |
| Memory Problems | 1 | 2 | 3 | 4 | 5 |
| Alcohol or Substance Abuse | 1 | 2 | 3 | 4 | 5 |
| Legal Problems | 1 | 2 | 3 | 4 | 5 |
| Family Conflicts | 1 | 2 | 3 | 4 | 5 |
| Abuse (physical, emotional, sexual) | 1 | 2 | 3 | 4 | 5 |
| Please describe any other symptom | s your child h | nas experien | ced (not listed | d above). | |
| Has your child experienced any un If yes, please describe: | • | | | | Yes No |
| What do you consider to be your cl | nild's strength | ns? | | | |
| | | | 1 11 10 | | |
| What do you consider to be areas of | f needed grov | wth for your | child? | | |
| What do you consider to be areas of the HEALTH & MENTAL HEALTI | | | child? | | |
| | H INFORMA | ATION | | | |

| Has your child previously seen a therapist or psyc | chiatrist? If | so, what year? Who die | d your child see and |
|--|---------------|---------------------------|----------------------|
| for what reason? About how many meetings did h | ne/she have | ? Was the experience h | elpful or not? How |
| so? | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| Has your child ever been hospitalized for medical | l or mental | illness? If so, list when | , where, & reason: |
| | | | |
| | | | |
| | | | |
| | | | |
| Has your child attempted suicide? | Yes | No | |
| Has your child engaged in self-harm behaviors? | Yes | No | |
| If yes, please describe: | | | |
| 7 | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| Please list <u>current</u> prescription medications with o | dosage (psy | chiatric and general hea | alth): |
| | | | |
| | | | |
| | | | |
| Diago list any maying nayahistnia madiastions (| with door | a and datas). | |
| Please list any <u>previous</u> psychiatric medications (| | | |
| | | | |
| | | | |
| Who is your child's primary care physician? | | | |
| Who is your child's psychiatrist (if applicable)? _ | | | |
| When was your child's last complete physical exa | am (month/ | /year)? | |
| • • • | | | |
| | | | |

To the best of your knowledge, please indicate for each substance listed below

| Substance | Ever | Age at 1st | Time Since Last | Approx. Use in last 30 |
|-----------------|-------|------------|-----------------|------------------------|
| | Used? | Use | Use | days |
| Alcohol | | | | |
| Marijuana | | | | |
| Cocaine | | | | |
| Crack | | | | |
| Heroin | | | | |
| Methamphetamine | | | | |
| Ecstasy | | | | |
| Other Drugs | | | | |

FAMILY MENTAL HEALTH HISTORY

In the section below identify any members of your child's family <u>and</u> extended family who have a history of any of the following. If yes, please indicate the family member's relationship to your child in the space provided.

| | Please | se circle List Family Member(| |
|-------------------------------|--------|-------------------------------|--|
| Anxiety (general) | Yes | No | |
| Obsessive Compulsive Behavior | Yes | No | |
| Depression | Yes | No | |
| Suicide Attempts | Yes | No | |
| Bipolar/Manic Depressive | Yes | No | |
| Alcoholism | Yes | No | |
| Substance Abuse | Yes | No | |
| Domestic Violence | Yes | No | |
| Eating Disorders | Yes | No | |
| Obesity | Yes | No | |
| Schizophrenia | Yes | No | |
| Counseling or Psychotherapy | Yes | No | |
| Psychiatric Hospitalizations | Yes | No | |

Adoption History

| Was the child adopted? | | | | | | |
|--|--|--|--|--|--|--|
| If yes, what age was he/she adopted | ? Is he/she aware of their adoption? | | | | | |
| How many home placements/homes has the child had in his/her lifetime? (Please describe in terms of | | | | | | |
| type of placement, age at placement, | reason for change in living arrangement, etc.) | | | | | |
| | | | | | | |
| Does the child have contact with his | /her biological mother and/or father? | | | | | |
| Pregnancy and Birth History | | | | | | |
| This child was the birth mother's | (write number) pregnancy. | | | | | |
| List any complications during the pr | egnancy: | | | | | |
| List any prescription medications, al | cohol, nicotine or drugs taken during pregnancy: | | | | | |
| The child was delivered via: C-Secti | on Vaginal Delivery | | | | | |
| Was the child considered full term? | Yes No | | | | | |
| How many weeks gestation age was | the child when he/she was delivered? | | | | | |
| Birth weight | | | | | | |
| List any delivery complications: | | | | | | |
| How long was the child in the hospit | tal after delivery? | | | | | |
| Interventions required for the child a | after birth (phototherapy, oxygen, etc.): | | | | | |
| Did the child's mother experience de | epression or anxiety in the first two years of the child's life? | | | | | |
| Early Developmental Milestones | | | | | | |
| Please indicate the approximate age | at which the child met the following milestones: | | | | | |
| First single words | First 2-3 word phrases | | | | | |
| Sat unassisted | Crawled | | | | | |
| Walked | Pretend play | | | | | |
| Toilet trained (day) | Toilet trained (night) | | | | | |

| Personal History | | | | |
|----------------------------|---------------------|--------------|--------------|---|
| Where was your child b | orn? | | | |
| How many times has yo | our child moved? | ? | | |
| List all people who curr | ently live with the | he child? | | |
| | | | | |
| Parents are: Married | Divorced | Separate | ed l | Never Married Other |
| Type of Legal Custody: | Joint Sole | Otl | ner | |
| Type of Physical Custo | dy: Joint So | ole | Other | |
| *Please provide current | separation agree | ement or cor | d order to v | very legal custody. |
| Do you have any pendir | ng custody matte | ers? Yes | No | Please describe: |
| Siblings | | | ed, what sta | ate, what was the finding): |
| Please list all of your ch | Full, Half, | Current | Male/ | Describe your child's relationship with |
| First name | Step, Adoptive | Age | Female | this individual in a few words |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| Educational History | | | | |
| Does your child receive | any special acco | ommodation | ns in school | (Individualized Education Program, 504 |
| Plan, informal supports |)? | | | |

| Has your child ever repeated a grade? |
|--|
| What have teachers and other school professionals told you about your child? |
| |
| What subject(s) does your child excel in? |
| What subject(s)s does your child struggle with? |
| Social Relationships/Interests/Activities |
| Please describe your child's social relationships. |
| |
| |
| What are some of your child's interests & activities? |
| |
| Is there any other information you would like us to know about your child? |
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